



GOLF (Main) & BASEBALL S&C PROGRAM GUIDE 2026

Holidays T1 – 3-20 Apr T2 – 27 June – 12 July & T3- 19 Sept – 4 Oct

Session Dates:

TERM 1:		TERM 3:	
1	19/02/2026	1	16/07/2026
2	26/02/2026	2	23/07/2026
3	5/03/2026	3	30/07/2026
4	12/03/2026	4	6/08/2026
5	19/03/2026	5	13/08/2026
6	26/03/2026	6	20/08/2026
7	2/04/2026	7	Academy Testing Week
TERM 2:			
1	23/04/2026		
2	30/04/2026		
3	7/05/2026		
4	14/05/2026		
5	21/05/2026		
6	28/05/2026		
7	4/06/2026		
8	11/06/2026		
9	18/06/2026		
10	25/06/2026		
Holidays begin 27 June-12 July			

Session Details:

Day: Thursdays

Time: 4.30-5.30pm

Number of Sessions: 22 (+ 2 testing sessions – Term 1 Testing Week TBC)

Venue: Core Health Group 27/8 Lewalan Street, Grovedale

Coaches: Tom Mackenzie - 0490 552 316

Additional Information:

- Athletes must notify Tom Mackenzie if they are unable to attend the S&C session
- The BSA membership covers your allocated number of S&C sessions, coaching fees and venue hire.
- BSA athletes are eligible to receive discounted S&C services through Core Health Group